

NUTRITRAIN, LLC POLICIES & DISCLAIMERS

PHOTOGRAPHY, RECIPE, AND CONTENT POLICY

Thank you for your interest. All content on NutriTrain, LLC is copyrighted material which I have worked very hard to produce. Please see the guidelines below if you are interested in using any of the content on NutriTrain, LLC website, Instagram, Facebook or Pinterest Platforms, and when in doubt always contact via email for permission.

IMAGE USE

If you want to use my photo(s) to promote my recipe or blog in general: You may share my photos as long as you prominently link back to the original post. If it is feasible, please include a link to my home page, <http://www.nutritrainllc.com>, as well. You may not republish the recipe itself. Please let me know if you promote my work by emailing or tagging @nutritrain_rd on Instagram. If you want to use my photo(s) to promote something else: You must request permission beforehand. I do not allow my photos to be used as clip art/stock images unless we've worked out a deal in advance.

RECIPE AND CONTENT USE

You may not republish my recipe(s) without my explicit permission. If you wish to share or re-publish a recipe or article of mine, it must be done with my approval and will be considered on a case-by-case base depending on the media source that is seeking to republish my work. If it is deemed that the sharing of my work will be mutually beneficial to both parties, then an arrangement may be made. Please uphold the standards of the U.S. copyright laws for recipes and please contact me with questions or to request permission for the sharing of my personal hard work and content.

NUTRITION DISCLAIMER

NutriTrain, LLC is founded and run by Chloe Davis, MS, RD, LDN. Chloe is a licensed Registered Dietitian, with a Master of Science in Nutrition and Health Promotion as well as a Certificate in Sports Nutrition, her credentials are detailed on the credentials page. It is important to note that each individual's dietary needs and restrictions are unique to the individual alone, and the information provided on this website has not be written by a physician. It is important to discuss with your physician before making any diet changes. Content should not be considered a substitute for professional medical expertise or treatment. The reader assumes full responsibility for consulting a qualified health professional regarding health conditions, concerns, and before starting a new diet or health program.

DISCLOSURE POLICY

NutriTrain, LLC works with a variety of brands that we believe hold a similar philosophy and promote a balanced approach to health conscious living that we can stand behind and support. NutriTrain, LLC never associates or works with brands and other companies whose messaging and fundamental philosophy do not directly align with NutriTrain, LLC message in order to maintain the integrity and trust of NutriTrain, LLC community. Certain companies and brands will send product for review in which to work on collaborating in sponsored recipes. This content on NutriTrain, LLC is always noted, and the collaboration or sponsorship is made clear to the reader.

NutriTrain, LLC also accepts financial compensation for sponsorship, advertising, and other forms of compensation when working with brands that have been deemed to be appropriate for NutriTrain, LLC community. The compensation received may influence the advertising content, topics or posts made on NutriTrain, LLC website. This particular content, advertising space or post will always be clearly identified as paid or sponsored content, and easily identifiable by the reader.

NutriTrain, LLC always provides honest opinions when working with paid and sponsored product, and holds a high standard of integrity for the greater NutriTrain, LLC community. No product will ever be promoted or endorsed without the full support, and belief by NutriTrain, LLC that the particular product/company is worthy of being integrated into a healthy lifestyle. However, any product claims about a product or service should be verified with the manufacturer or provider.

Please contact NutriTrain, LLC via email if you have any questions about the FTC Rules on Sponsored Conversations

RELEASE OF LIABILITY

PRODUCT/CONTENT LIABILITY

Any item promoted/advertised/sponsored on NutriTrain, LLC that you the reader chooses to purchase or partake in is entirely in your control and your decision. NutriTrain, LLC is not liable for any adverse issues, or other problems associated with a product. Any information you submit at your own will to an external site is at your own personal risk and is in no way associated with NutriTrain, LLC. NutriTrain, LLC is not responsible for any negative interaction between you the reader and an external third party brand. Any issues with a particular third party brand or company, outside of NutriTrain, LLC should be brought to that company personally.

NUTRITION AND HEALTH RELATED CONTENT LIABILITY

This website is written and produced for informational purposes only. Statements within this site have not been evaluated or approved by the Food and Drug Administration. This website is not intended to diagnose, treat, cure or prevent any disease. Content should not be considered a substitute for professional medical expertise or treatment. The reader assumes full responsibility for consulting a qualified health professional regarding health conditions or concerns, and before starting a new diet or health program. The writer(s) and publisher(s) of this site are not responsible for adverse reactions, effects, or consequences resulting from the use of any recipes or suggestions herein or procedures undertaken hereafter.

AFFILIATE DISCRETION NOTICE

NutriTrain, LLC is a participant of a variety of affiliate based programs. These programs are designed to provide a means for sites, brands, and companies to advertising content, and by linking directly to specific products that NutriTrain, LLC philosophy genuinely likes and stands behind. If you click on any of these "affiliate links", and make a purchase that is usually designated within a particular timeframe, NutriTrain, LLC will receive a small commission based on that transaction. That commission is always paid through a third-party and is never associated with you the consumer. Affiliate links on NutriTrain, LLC website allow me to ensure that I am able to continue to provide my audience with exceptional free content, and support our efforts of sharing and spreading a health conscious. Thank you always for your support.

AMAZON AFFILIATE DISCLOSURE

NutriTrain, LLC is a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for sites to earn advertising fees by advertising and linking to www.nutritrainllc.com. Any amazon affiliate links are for products that are personally supported and consistent with NutriTrain, LLC brand and messaging.

PRIVACY POLICY

This Privacy Policy governs the manner in which NutriTrain, LLC collects, uses, maintains and discloses information collected from users (each, a "User") of the <http://www.nutritrainllc.com> website ("Site"). This privacy policy applies to the Site and all products and services offered by NutriTrain, LLC.

PERSONAL IDENTIFICATION INFORMATION

We may collect personal identification information from Users in a variety of ways, including, but not limited to, when Users visit our site, register on the site, place an order, fill out a form, respond to a survey, and in connection with other activities, services, features or resources we make available on our Site. Users may be asked for, as appropriate, name, email address, mailing address. Users may, however, visit our Site anonymously. We will collect personal identification information from Users only if they voluntarily submit such information to us. Users can always refuse to supply personally identification information, except that it may prevent them from engaging in certain Site related activities.

NON-PERSONAL IDENTIFICATION INFORMATION

We may collect non-personal identification information about Users whenever they interact with our Site. Non-personal identification information may include the browser name, the type of computer and technical information about Users means of connection to our Site, such as the operating system and the Internet service providers utilized and other similar information.

WEB BROWSER COOKIES

Our Site may use "cookies" to enhance User experience. User's web browser places cookies on their hard drive for record-keeping purposes and sometimes to track information about them. User may choose to set their web browser to refuse cookies, or to alert you when cookies are being sent. If they do so, note that some parts of the Site may not function properly.

HOW WE USE COLLECTED INFORMATION

NutriTrain, LLC may collect and use Users personal information for the following purposes:

- *To run and operate our Site*
We may need your information display content on the Site correctly.

- *To improve customer service*
Information you provide helps us respond to your customer service requests and support needs more efficiently.
- *To personalize user experience*
We may use information in the aggregate to understand how our Users as a group use the services and resources provided on our Site.
- *To improve our Site*
We may use feedback you provide to improve our products and services.
- *To process payments*
We may use the information Users provide about themselves when placing an order only to provide service to that order. We do not share this information with outside parties except to the extent necessary to provide the service.
- *To run a promotion, contest, survey or other Site feature*
To send Users information they agreed to receive about topics we think will be of interest to them.
- *To send periodic emails*
We may use the email address to send User information and updates pertaining to their order. It may also be used to respond to their inquiries, questions, and/or other requests.

HOW WE PROTECT YOUR INFORMATION

We adopt appropriate data collection, storage and processing practices and security measures to protect against unauthorized access, alteration, disclosure or destruction of your personal information, username, password, transaction information and data stored on our Site.

Sensitive and private data exchange between the Site and its Users happens over a SSL secured communication channel and is encrypted and protected with digital signatures.

We adopt HIPAA secure policies for all client personal health information and utilize encrypted messaging and video conferencing for 1:1 nutrition consultations through Healthie, Inc. Software. All client documentation is transmitted through email encryption and stored within Healthie, Inc HIPAA secured platforms.

SHARING YOUR PERSONAL INFORMATION

We do not sell, trade, or rent Users personal identification information to others. We may share generic aggregated demographic information not linked to any personal identification information regarding visitors and users with our business partners, trusted affiliates and advertisers for the purposes outlined above. We may use third party service providers to help us operate our business and the Site or administer activities on our behalf, such as sending out newsletters or surveys. We may share your information with these third parties for those limited purposes provided that you have given us your permission.

ELECTRONIC NEWSLETTERS

If User decides to opt-in to our mailing list, they will receive emails that may include company news, updates, related product or service information, etc. We may use third party service providers to help us operate our business and the Site or administer activities on our behalf, such as sending out newsletters or surveys. We may share your information with these third parties for those limited purposes provided that you have given us your permission.

THIRD PARTY WEBSITES

Users may find advertising or other content on our Site that link to the sites and services of our partners, suppliers, advertisers, sponsors, licensors and other third parties. We do not control the content or links that appear on these sites and are not responsible for the practices employed by websites linked to or from our Site. In addition, these sites or services, including their content and links, may be constantly changing. These sites and services may have their own privacy policies and customer service policies. Browsing and interaction on any other website, including websites which have a link to our Site, is subject to that website's own terms and policies.

ADVERTISING

Ads appearing on our site may be delivered to Users by advertising partners, who may set cookies. These cookies allow the ad server to recognize your computer each time they send you an online advertisement to compile non personal identification information about you or others who use your computer. This information allows ad networks to, among other things, deliver targeted advertisements that they believe will be of most interest to you. This privacy policy does not cover the use of cookies by any advertisers.

GOOGLE ADSENSE

Some of the ads may be served by Google. Google's use of the DART cookie enables it to serve ads to Users based on their visit to our Site and other sites on the Internet. DART uses "non personally identifiable information" and does NOT track personal information about you, such as your name, email address, physical address, etc. You may opt out of the use of the DART cookie by visiting the Google ad and content network privacy policy at http://www.google.com/privacy_ads.html

CHANGES TO THIS PRIVACY POLICY

NutriTrain, LLC has the discretion to update this privacy policy at any time. When we do, we will post a notification on the main page of our Site. We encourage Users to frequently check this page for any changes to stay informed about how we are helping to protect the personal information we collect. You acknowledge and agree that it is your responsibility to review this privacy policy periodically and become aware of modifications.

YOUR ACCEPTANCE OF THESE TERMS

By using this Site, you signify your acceptance of this policy. If you do not agree to this policy, please do not use our Site. Your continued use of the Site following the posting of changes to this policy will be deemed your acceptance of those changes.

CONTACTING US

If you have any questions about this Privacy Policy, the practices of this site, or your dealings with this site, please contact us at nutritrainrd@gmail.com.

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